ADVICE FOR NEW MENTORS

- <u>Listen patiently.</u> Give students the time to get to issues they find sensitive or embarrassing.
- <u>Build a relationship.</u> Simple joint activities walks across campus, informal conversations over coffee, attending a lecture together will help to develop rapport.
- <u>Don't abuse your authority.</u> Don't ask students to do personal work such as picking up your lunch.
- <u>Nurture self-sufficiency</u>. Your goal is not to "clone" yourself but to encourage confidence and independent thinking.
- <u>Establish "protected time" together.</u> Try to minimize interruptions by telephone calls or visitors during scheduled meetings.
- <u>Share yourself.</u> Invite students to see what you do, both on and off the job. Tell your own successes and failures. Let the student see your human side.
- <u>Provide introductions.</u> Help the student develop a professional network and build a community of mentors.
- <u>Be constructive.</u> Critical feedback is essential to spur improvement, but do it kindly and temper criticism with praise when deserved.
- <u>Don't be overbearing</u>. Avoid dictating choices or controlling a student's behavior.
- <u>Find your own mentors.</u> New advisers, like new students, benefit from guidance by those with more experience.

Source: Adviser, Teacher, Role Model, Friend: On Being a Mentor to Students in Science and Engineering (1997)